

**Daily at the Center**

**Gym Walkers**

Mon., Weds., Thurs.  
7:30-10:30  
Tues. & Fri. 7:30-11

**Coffee and Socialize**

Mon.-Friday  
8:30-a.m.10:00 a.m.

**Video Fitness**

Mon. w/ Nancy  
9:30 a.m.-10:15 a.m.

**Positive Thoughts**

10:15 a.m.

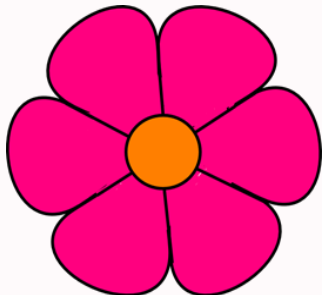
**Geri-Fit**

Weds. With Tony/  
11:00 a.m.-11:45 a.m.

**Lunch -12:00**

**May Birthdays**

Margie K. 5/15  
Joey Ruff 5/16



**Gilbert-Summit Senior Center**  
409 Broad Street  
P.O. Box 437  
Gilbert, SC (803) 892-5745  
Donna Neel, Director  
Meloney Wesolowski, Asst. Director

2016				
Mon	Tue	Wed	Thu	Fri
				1 Dice Bingo 10:45-11:45
4 Help Your Neighbor Card Game 10:45-11:45	5 Ronnie Hoover performing 10:45-11:45	6 Seniorcise 11:00-11:45	7 S.C. Dept. Of Aging Senior Appreciation Day @ Fairgrounds	8 Bingo 10:45-11:45 Mother's Day Lunch (noon)
11 Noodle Ball 10:45-11:45	12 Your Health/ Lena 10:45-11:45	13 Seniorcise 11:00-11:45 <b>Birthday Celebrations</b>	14 BP Check 9:00 Nut. Ed. Fruits, Vegetables and Aerobic Act. 10:45-11:45	15 Senior Appreciation Park and Play Day @ Gilbert Community Park
18 Shannon and Rick performing 10:45-11:45	19 Cam, G-S Library 10:45-11:45	20 Seniorcise 11:00-11:45	21 Cover the Number-Dice Game 10:45-11:45 <b>Mission Lexington 9:45</b>	22 Historic Brattonsville Trip in McConnells
25 Center Closed Memorial Day	26 Craft Stick Birdhouse 10:45-11:45	27 Seniorcise 11:00-11:45	28 Axe Throwing 10:45-11:45	29 Brainteaser Challenge 10:45-11:45